



## Sluggish metabolism? Feeling flat and flaky?

You need Mother Nature's Motivator ..... Thermogy X!

- Turbo-charged fat burning during and after exercise
- Massive energy and endurance
- Get it together ... by reducing appetite
- Speed up your weight loss
- Be unstoppable!



### LIMITED TIME - SPECIAL OFFER!

Who else wants to experience THERMOGY X for FREE?

**Button: Yes! Send me my free bottle!**

Skeptical? We don't blame you. But your 60-capsule bottle of Thermogy X really is free, gratis, on the house ... just pay shipping and processing at check out. No recurring billing, no sneaky tactics, no joke. While supplies last!

# Tell me about it!

Thermogy X is a powerful 3-in-1 thermogenic fat burner, energy-booster and pre-workout supplement.

Take one capsule a day instead of sugary coffee or energy drinks and you WILL feel energized and alert for hours.

Use it as a pre-training aid and you WILL have more energy, more power and more endurance during your high-intensity workout.

Use it with a proper diet and exercise routine and you WILL lose fat faster.

## Thermogenics ... more than just a marketing word

Thermogenics are products engineered to boost the production of heat in the body. More heat means a faster metabolic rate, which releases and breaks down fat from the body stores (lipolysis) and helps burn calories and produce more energy.

Thermogy X is specially formulated to naturally increase your metabolic rate during and after exercise, which is the missing link ESSENTIAL to fat-burning. And, to help you torch the fat even faster, each capsule contains the natural stimulants the body needs to train harder, for longer, without it feeling like too much of a sweat.

## It can be so frustrating...

You eat less, exercise more, shovel down the latest hyped-up supplement ... but WHERE'S THE WEIGHT LOSS?

(And why the heck are you feeling so tired all the time?)

Let's face it, you don't go train hard, sweat bullets and eat like a sparrow for the fun of it. You want to look good and feel GREAT and enjoy the massive spike in confidence that comes with feeling your best every day.

Unfortunately, as you've probably found out for yourself, there's no magic bullet you can take to instantly melt fat away and give you the energy of a three year-old. But an

effective diet and training program can be made EVEN BETTER with the help of the right supplements.

## But what are the right supplements?

Many companies try to sell you their supplements by blinding you with science. They'll go on and on about fat oxidation, adipose tissue regulation, T4 thyroid conversion, nootropic stacks, nutrient partitioning .... in the hopes that you take the "facts" at face value. Who knows whether you're getting a genuine medical breakthrough or a bunch of cheap stimulants padded out with gimmicky, underdosed fillers to make you think you're getting a lot for your money?

When you take a cold, hard look at the science, there are really only TWO ways to appreciably speed up your fat loss:

### 1. Eat less

Cutting your calorie intake is an obviously way to ditch the fat ... but as every dieter knows, it's easier said than done. A major reason diets fail is that people just aren't able to go through the discomfort of sticking to them long enough. We're all guilty of craving foods, or going off the rails when we feel a bit stressed or unmotivated, and that can undo days or even weeks of hard work.

While a few lucky people can push through on willpower alone, the rest of us need a helping hand. This is where supplements come in. Formulations vary, but you'll typically buy a compound that does one of these things:

- increases the sensation of fullness you get from a meal, keeping pesky cravings at bay
- boosts energy levels so you don't reach for a sugary pick-me-up
- increases your overall feeling of well-being so you stay motivated to stick to your plan.

### 2. Speed up your metabolic rate

Your metabolic rate is the speed at which your body burns energy during the day. Heard of the calories in/calories out equation? That's a measure of your metabolic rate and it's really pretty simple. Eat more calories than your metabolism can handle and you'll gain fat. Expend more energy than you consume and you'll lose fat.

Everyone's metabolism is different. Your body might burn fuel like jet engine while your gym-buddy conserves energy like a Prius. It depends on a bunch of factors like your age, gender, muscle mass and genetics — but one sure-fire way to boost your metabolism is increasing the amount of exercise you do.

Like most people, you're probably too busy to fit a daily, two-hour gym session into your hectic schedule. You need to make sure your body gets the maximum benefit from every training session you do. Supplements can give your body the metabolic support it needs by:

- igniting the thermogenic process to fire up the metabolism
- stimulating the body's base metabolic rate to increase calorie burning during and after exercise
- providing slow release nutrients to sustain you through an intense workout
- making physical effort feel easier, so you go at it for longer.

## Thermogy X contains a synergistic balance of natural ingredients that together deliver ALL of the above benefits

The result is a potent combination of safe, natural fat-burning agents backed by sound clinical research at clinically effective doses. NO sugar, NO aspartame, NO artificial colors — just Mother Nature's best gifts for keeping your body in tip-top condition. Completely safe with NO jitters, No crashes and NO harmful side effects.

But it gets EVEN better, because fat-burning and energy-boosting aren't the only thing you'll benefit from with Thermogy X:

- Boost mental focus ... be unstoppable in your diet and exercise goals
- Elevate mood ... be on top of your game all day, every day

- Cut recovery time ... no more sofa loafing after a high intensity workout
- Safely increase your metabolic rate ... power that matters from the inside out
- Reduce perceived rate of exertion ... work harder, pant less!
- Clean instant energy release ... instant va va voom for when the world needs you
- Smooth sustained energy release .... so you pump out one more rep!
- Balance water retention ... lose the puff, unleash the buff
- Craving control ... keeping your appetite in check on the road to weight loss.

## So what makes Thermogy X so powerful?

Let's have a look at Thermogy X's potent array of all-natural ingredients



### **Hoodia Cactus**

Short, spiky and fantastic on the weight-loss front, Hoodia Cactus works by fooling your brain into thinking that your glucose levels are high so you don't need any food. In one widely reported but unpublished study, morbidly obese participants using P57, the active compound in Hoodia cactus, consumed 1,000 less calories per day on average than the control group.

### **Glucomannan**

Glucomannan is a natural dietary fiber extracted from the roots of the elephant yam. It supports weight loss by promoting a feeling of fullness in the belly. Patients taking glucomannan in an eight-week clinical trial showed significant mean weight loss (5.5lb) with no other changes to their diet and exercise routines.

### **Green Tea**

Green tea is a fat-burning phenomenon! In one clinical study, participants saw their basal metabolic rate shoot up by 4%, equivalent to 65 to 200 calories per day, just by drinking the tea. Other studies have shown that green tea causes a preferential use of fat over carbohydrate, making it an ideal fat burner.

### **Cha de Bugre**

Cha de Bugre is a tree indigenous to Brazil. It produces small red berries which Brazilians have been using for years as a coffee replacement. The lowdown is that it suppresses the appetite, making Cha de Bugre the perfect weight-loss aid.

### **Caralluma Fimbriata**

Need a little help with your cravings? *Caralluma fimbriata* is a species of edible cactus that grows in Africa and parts of Europe. Tribesmen used to chew on its flesh to help curb their hunger during extended hunting trips, which makes it the perfect appetite suppressant for those who can't walk past the refrigerator on willpower alone.

### **Banaba**

One of our lesser known ingredients, banaba is a traditional Asian herbal remedy that has garnered world-wide attention for helping people with diabetes. In one study, participants taking a controlled dose experienced a 13.5% average decrease in blood glucose levels, with zero adverse side effects. Great for targeting hard-to-shift belly fat.

### **Guarana**

Guarana naturally contains a whopping 2.5 to 7 percent caffeine, compared to just 1 to 2 percent in coffee — guaranteed to give you an instant pick-me-up. But the benefits don't stop there. In various trials guarana has been shown to depress appetite, act as a diuretic so you pee more (which can result in weight loss) and speed up the metabolism, resulting in even more calories burned.

### **Pomegranate extract**

Pomegranate extract is jam-packed full of antioxidants that boost heart health, reduce blood pressure, reduce cancer risk and tackle sexual dysfunction. Better still, it blocks fat absorption.

### **Guggul extract**

Plant sterols, known as guggulsterones, play a key role in stimulating the body's thyroid production ... and you don't need a medical degree to understand what *that* means. Thyroid hormones increase your metabolic rate, so you burn calories at the optimum rate — especially important for people in their mid-30s or older and those with a sluggish thyroid gland.

### **Maca Extract**

Maca is one of nature's superfoods loaded with calcium, magnesium and potassium as well as vitamins B1, B2, C and E. Geeky types call it an "adaptogen" because it balances out mood-regulating hormones and helps the body fight disease. One of the hormones it regulates is cortisol, a Jekyll and Hyde hormone that comes out to play when the body's under extreme stress. Left unchecked, cortisol causes food cravings and layers down a "stress belly" — visceral, organ-swamping stomach fat.

### **Chromium**

Chromium is a trace mineral that boosts the power of insulin in the body. Insulin is essentially the fat-loss gatekeeper, so anything that raises its effectiveness is great for burning fat. In one study, the addition of chromium to a meal resulted in a 23% reduction in blood sugar of participants eating the meal. Further studies have reported reductions in cholesterol by as much as 32%, significant reductions in carb cravings and INCREASES in lean body mass in participants taking a chromium supplement.

### **Theobromine**

What, a compound most commonly found in chocolate can help with weight loss? We didn't believe it either until we saw the science. Like caffeine, theobromine massively boosts energy and endurance. It does this by raising the heart rate, widening the blood vessels and getting your body to work more aerobically —so you can work out to maximum intensity.

### **Caffeine**

Guaranteed to light you up like a rocket, caffeine is Thermogy X's magic bullet. Better still, our extended release formula keeps picking you up when normally you would feel a crash, so you get a long-lasting shot of energy throughout the day. Worried about caffeine jitters? We add .....

### **L-Theanine**

...the last of our super-ingredients, which neutralizes the speedy, jaggedy effect of caffeine so you get a smooth energy release all day. What's more, L-Theanine evens

out the brain chemistry to relax and calm your mind with no drowsiness, so you get to FEEL and great as you LOOK!

## Wait! Where are the chemicals?

Well, our researchers found that most people prefer to get their energy from natural sources, rather than relying on prescriptions, chemicals or other gimmicky ingredients of dubious merit. So that's what we created: a powerful thermogenic fat burner and energy supplement containing nothing but natural, safe substances. The promise is crystal clear: when combined with a proper diet and exercise routine, Thermogy X will pick you up and help you lose fat faster.

## Is Thermogy X just for bodybuilders?

Absolutely not! Many of our customers train lightly, or don't do any exercise at all. They choose Thermogy X for the mind-blowing shot of energy it gives them to get them through a busy day. Others work hard, play hard and use Thermogy X to help them up their game. But if you are looking to boost your build, the great news is Thermogy X will not rob you of any of your hard-earned muscle mass. It's thermogenic ingredients are designed to target FAT DEPOSITS in the body, not put you in a muscle-wasting state.

## Are there any side effects to taking Thermogy X?

There are no side effects to taking Thermogy X so it is suitable for everyone over the age of 18. However, we don't recommend it for pregnant or nursing women or anyone with a sensitivity to caffeine. Thermogy X is safe to use with other medication, but if you do have a medical condition then we recommend you speak to your healthcare professional before using Thermogy X.

## Further Questions? Contact Us

If you have any further questions then ping us a message and we'll do our best to help!

## Five more reasons to choose Thermogy X!

1. We don't hide behind proprietary blends. Every ingredient in Thermogy X is clearly listed and appropriately dosed so each ingredient delivers maximum benefit.

2. We select the highest potency and purity ingredients based on their benefits, not gluttonous profit margins.
3. No cheap fillers, just premium grade ingredients.
4. No yeast, egg, wheat, soy, dairy, corn, salt, sugar, aspartame, artificial colors, preservatives or flavoring.
5. For a limited time only, it's 100% FREE!

If you're looking to achieve smooth, non-gimmicky fat burning and release mind-blowing energy—it doesn't get any better than this!

Order your FREE sample of Thermogy X right now and see your energy and your weight-loss go through the roof!



**Button: Yes! I want Thermogy X for FREE!**

How free? 100% free ... you just pay shipping and processing at check out. No nasty surprises on your credit card and we won't try and sell you stuff you don't need. There's really only one catch—when they're gone, they're gone!

## Footnotes

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